Origami Frog & Moose

About:
We'll use the ancient art form origami to fold a moose, which will keep our mind focused and hands busy.

Objective:
To use Social Emotional Development informed practices and fine motor skills to fold paper into animals.

Age: 12- Adult Expected time: 30 min

Activity
Materials: 2 pieces of paper

• Start by folding this simple jumping frog. You can find the instructions with pictures here: https://www.origamiway.com/easy-origami-frog-2.shtml
• If that wasn’t too difficult, try folding a more difficult (but equally as campy) moose! You can find a video of how here: https://www.youtube.com/watch?v=z5PF7IVs-yw
• Ready for expert level!? Here’s a more difficult moose to fold: https://www.cutoutandkeep.net/projects/adirondack-moose

Things to do with your new origami skill:

• Now that you’re an expert, fold other animals and make your own forest full of paper animals at home!
• Hide the moose around the house as an ongoing “hide & seek” game
• Look up how to fold flying cranes. Legend has it if you fold 1,000 cranes you’ll get a wish granted. Start folding to get that wish!!

Wrap Up:
• Was this easy or hard? Why?
• Did you struggle with any part of this project? How did that feel? How did you overcome your struggle? How did it feel to solve your problem?
• Did it turn out just like the picture? How does that make you feel?