

# Snack of the Day: PB&J on a Stick

## Ingredients:

- 2 peanut butter and jelly sandwiches
- 4 wooden skewers
- 1 cup seedless green grapes
- 1 small banana, sliced



## Steps

1. Gather all ingredients
2. Make two PB&J sandwiches
3. Cut sandwiches into 1 inch squares
4. Alternately thread grapes, sandwich squares and banana slices onto each skewer
5. Serve immediately & ENJOY!