

# Snack of the Day: Cucumber Chips

## Ingredients:

- ★ 2 medium cucumbers
- ★ 1 TBSP olive oil
- ★ 2 TBSP apple cider vinegar
- ★ 1/2 TSP sea salt



## Steps

1. Gather all ingredients
2. Slice cucumber very thin
3. Remove excess slices in a large bowl & toss with oil, vinegar and salt.
4. Place slices on a parchment lined baking tray
5. Dry at 175 degrees for 3-4 hours or until crispy
6. Allow slices to cool
7. ENJOY!