

Snack of the Day: Baked Carrot Fries

Ingredients:

- ★ 2 carrots-peeled and cut into fries
- ★ 2 TBSP Panko bread crumbs
- ★ Salt & pepper
- ★ A pinch of Garlic powder
- ★ 1 TSP oil



Steps

1. Gather all ingredients
2. Pre-heat oven to 400
3. Line a baking sheet with parchment paper
4. In a wide bowl add all ingredients
5. Mix well
6. Spread carrots out on baking sheet
7. Bake for 14-18 minutes, broil an additional 2-3 if you prefer a crispier fry
8. ENJOY with you favorite dip!