

Snack of the Day: Mac & Cheese in a Mug

Ingredients:

- ★ 1/3 cup small elbow noodles
- ★ 1/2 cup shredded cheese of choice
- ★ 1/4 cup of milk
- ★ 1/2 cup of water



Steps

1. Gather all ingredients
2. Put macaroni in a cup with water
3. Microwave on full power for 2 minutes, stir
4. Microwave for another minute, Stir. **Repeat this step!!**
5. After all water has been absorbed, stir in milk and cheese.
6. Microwave for a final 30-60 seconds.
7. Stir, Cool & ENJOY!