

Snack of the Day: Banana Bread

Ingredients:

- ★ Bananas (2 large or 3 medium)
- ★ 1 $\frac{2}{3}$ cup flour
- ★ $\frac{1}{4}$ tsp salt
- ★ 1 tsp Baking soda
- ★ $\frac{3}{4}$ Sugar
- ★ 1 egg
- ★ 1 tsp Vanilla
- ★ 1 tsp Cinnamon
- ★ $\frac{1}{3}$ cup melted butter
- ★ $\frac{1}{4}$ cup milk



Steps

1. Gather all ingredients
2. Preheat oven to 350
3. Mix flour, cinnamon and baking soda in a medium bowl
4. Place bananas in a large bowl and mash with a fork
5. To the bananas, add melted butter milk, sugar
6. In the same bowl, add in egg and the vanilla
7. Finally, add the flour mixture until incorporated
8. Pour mixture into a lined bread pan
9. Bake for 40-45 minutes
10. Let cool 10 minutes
11. ENJOY!