

# Snack of the Day: Banana Ice Cream

## Ingredients:

- ★ Frozen bananas



## Steps

1. Gather all ingredients
2. Peel 2 bananas, slice them and put in the freezer for about 2 hours
3. Remove once frozen and put in a blender or food processor until smooth and creamy
4. Transfer creamed bananas into a plastic container and freeze for another 4 hours or until solid
5. Serve & ENJOY!