

Snack of the Day: Avocado Pudding

Ingredients:

- 3 bananas
- 2 avocados, peeled and pitted
- 6 TBSP of unsweetened coco powder
- 2 TBSP honey
- 1 TSP vanilla extract



Steps

1. Gather all ingredients
2. Place all ingredients in a food processor or blender & blend until smooth
3. Refrigerate for at least 2 hours before serving
4. ENJOY!