

Snack of the Day: Fried Cinnamon Bananas

Ingredients:

- Bananas (bananas that are just ripe or under rip work best!)
- Butter
- Cinnamon
- Sugar (optional)



Steps

1. Gather all ingredients
2. Slice bananas into 1/3" pieces
3. Add butter, honey and cinnamon into a non stick pan, heat until completely combined and melted
4. Add the bananas and cook over medium-high heat until they are browned.
5. After about 5 minutes, flip and cook the other side— watch carefully so they don't burn!
6. Sprinkle with sugar while still warm (optional step)
7. ENJOY! These are best while still warm!