

Motivation



Say to Teen: It's a slow process, but quitting won't speed it up. In this activity, you will use the Problem-Solving Steps Poster to solve a problem on TV. Let's go!

Problem-Solving Skills on TV

Materials:

- Problem-Solving Steps poster: <https://www.cfchildren.org/wp-content/uploads/blog/summer-camp/week-3/problem-solving-poster.pdf>
- TV
- Paper
- Pencil

Instructions:

- Have teen watch an age-appropriate TV sitcom or drama
 - For example, Scooby Doo
- Using the Problem-Solving Steps poster, ask teen to identify a problem that happens in the show
- Have teen rate the character's use of problem-solving skills on a scales from one to five (one is poor, five is excellent)
- Next, have teen brainstorm multiple options for how the show's characters might solve the problem and decide the best option

Reflection: Discuss with teen on how their idea could hypothetically solve the character's problem(s) in the show. Are there any obstacles in their idea? What would the characters need to do to solve their problem other than what they did in the show? What are some best ways to motivate the character to go through with teen's idea?

