

YOUR BODY. YOUR LIFE. YOUR DECISIONS.

The mission of Boys & Girls Clubs of Greater Milwaukee's H.E.A.R.T Initiative: Health Education and Relationship Talk (previously Teen Pregnancy Prevention program) is to empower young people to make meaningful, healthy, and informed decisions about their bodies, their relationships, and their lives.

Our program provides pre-teens and teens ages 10-19 with vital information, support, and resources to help them navigate difficult decisions and circumstances surrounding their sexual health and personal relationships.

We offer education on:

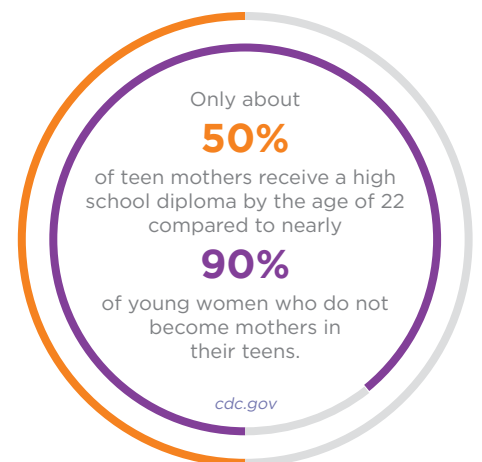
- Life Planning
- Exploring Friendships & Healthy Relationships
- Human Trafficking
- Preventing Unplanned Pregnancies
- Teen Pregnancy & Making Informed Decisions
- HIV Disease and AIDS
- Preventing Sexually Transmitted Infections
- Risk Recognition and Communication
- Media and Peer Pressure
- Accessing Community Services
- Parent/Caregiver Workshops

We incentivize youth who participate and complete our program.

To learn more or enroll, contact: heart@bgcmilwaukee.org

Offered in both virtual and in-person group settings. This program is funded by the Federal Department of Health and Human Services Office of Adolescent Health.

If you need additional support service such as mental health, physical/reproductive health, suicide prevention, stalking, domestic/teen dating violence, bullying, sexual assault, LGBTQ+, self-harm, run away/homeless, substance abuse, STD testing, HIV & AIDS resources, or Child Abuse, please [click here](#) to access that support.



BOYS & GIRLS CLUBS
OF GREATER MILWAUKEE

bgcmilwaukee.org | [@bgcmilwaukee](https://www.instagram.com/bgcmilwaukee)